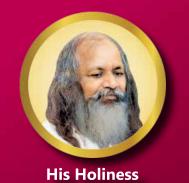
Jai Guru Dev



Maharishi Mahesh Yogi

MAHARISHI VIDYA MANDIR SECONDARY SCHOOL

THIRUVARUR

Mahatma Gandhi Nagar, Senthamangalam, Tiruvarur - 610 001.

Mobile: 9585389838 / 6380124691

mvmtvr2020@gmail.com www.mvmthiruvarur.edu.in

NEWS LETTER FOR TERM 2

GNANA VIRUKSHAM®

VOL: 2





ACADEMIC YEAR 2021-22

INTRODUCTION OF THE NEWS LETTER

Make a storehouse of enormous ability and latest events which are our God given liability that need to be educed and edified. This is the first and foremost Newsletter which speaks on conglomerated volume of the various spheres of concentration that is focused on the students for on overall development of their personality. Learning does not cease with acquiring knowledge from books but also gaining from Extra curricular and Co curricular activities, sports and games. The rich experience that have transformed the students in this academic year are highlighted in this News letter.



ADMISSION PROCEDURE

ADMISSION

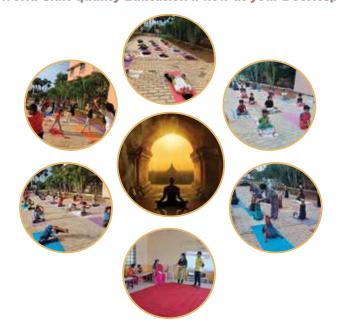
Admission is open to all categories of students-Indians and Non-Resident Indians irrespective of caste, creed, colour or Religion.

Applicants Selected for admission should confirm the acceptance within the stipulated date mentioned and remit the fee and other duly completed declaration forms and submit the necessary documents in the school office

DOCUMENTS TO BE SUBMITTED DURING ADMISSION

- Birth Certificate (Original & Photocopy)
- Community Certificate (Photo copy)
- Transfer Certificate (if applicable)
- Mark sheet from the previous school
- Student & Parent Photographs
- Aadhar Card

"World Class quality Education is now at your Doorstep"



BENEFITS OF A BEING MAHARISHIAN

- 1. Think-pair-Share method
- 2. Concept Mapping
- 3. Curriculum Comparison
- 4. Activity Method
- 5. Effective lecture method with the help of teaching aids.
- 6. Roleplay, Art integrated, as per NEP 2020
- 7. No Donation, NO Fine Campus.
- 8. Sibling Concession 10%
- 9. Saturday Workshop
- 10. Transcendental Meditation.
- 11. Yoga / Sports
- 12. Spoken Sanskrit.





Dr. S. Venkatarajalu, Ph.D., Founder / Chairman



V. Sundarraju., M.Tech, MBA (U.K), L.L.B Correspondent / Member Secretary



Mrs. Sujatha Vijay., M.com., MA, BEd, DTed., Dip in EAS Principal

BEING A MAHARISHIAN TEACHER

The work of an educator is inspiring and fruitful. Being a Maharishian Teacher We have a favorable environment to share our passion and skill.

We help our pupils to cultivate social skills, how to connect with people and, to learn how to express themselves.

Another added advantage is that we have teacher clarity workshops from Maharishi Vidya Mandir Chetpet providing ideas for instructions. In our school the management conducts many enrichment programmes that are very helpful to improve ourselves. As our curriculum plays a very significant role in capturing the student's attention.

We use activity based learning, 21st century skills teaching and centralised valuation for exams.

The teaching and learning resources of our school enhance the children's capacity to think explore and discover.

Just as a chisel is use skillfully to make a statue Maharishi Vidya Mandir Tiruvarur aims at shaping the children to play an important role in the society. Thus management is not only important in education but also integrating life skills towards their learning process.

"It is easier to become a Jivanmukta (free in this very life) than to be an Acharya. -- Swami Vivekananda















CENTRALISED VALIDATION OF ASSESSMENT PAPERS

In Maharishi Vidya Mandir Secondary School, Thiruvarur teachers are evaluating the students' assessment paper as centralised validation Guideline. Usually these kind of practices happen only during Board Examinations. But in our school, teachers are doing this kind of validation right from Grade 1 to 9. Each child's individual result is analysed and section wise comments are given by the teachers. This is to bring to notice that they are committed as Thiruvarur Maharishians.



NATIONAL ACHIEVEMENT SERVER (NAS)

The National Achievement Survey is aimed to conduct a survey on sample to assess the learning achievement of children every three years. The recent pandemic had forced the closure of schools and interrupted learning at different levels.

Hence there is an urgent need to evaluate their progress and learning competencies to analyse and examine the health of the education sector in order to take necessary action at the district, state and national level. It is essential to gauge the education system before and after lockdown to evaluate the impact of school closures on the students' learning.

In view of this, NAS is now being conducted on 12th November 2021.

NAS 2021 will cover the entire spectrum of schools i.e., Government Schools Under Central and State Government, Government Aided schools and

Private schools. Approximately 1.24 lakh schools and 39 lakh students in 733 districts across 36 States/UTs will be covered. It will assess the grade specific competencies achieved by students of Grades 3, 5, 8 and 10 in sampled schools. NAS is being

of Grades 3, 5, 8 and 10 in sampled schools. NAS is being administered by CBSE in collaboration with the respective state educational departments who have nominated State Nodal Officers, District Nodal Officer sand Field Investigators, for smooth survey.

Besides, one of the most important features of this survey (NAS 2021) is that it must be conducted in a fair and transparent manner for obtaining results of high accuracy. Also, the findings of the NAS will have national significance and hence its creditability remains a crucial aspect at all stages of NAS administration. In this regard, CBSE portal sends the notification and details. Our school Principal, PRTs, TGTs had registered for this and have been appointed as an observer in NAS.



FOUNDER'S DAY CELEBRATION

Usually we celebrate our founder Maharishi Mahesh Yogi Ji's birthday celebration on January 12th of every year in our school by offering garlands followed by special prayers and our student Ajitha also gave a special speech bringing out the our excellence of Maharishi Ji.





AKSHARABHYASAM



Vijayadasami is an auspicious time in South India for initiation of formal education for children. Since this is a wonderful day for new beginnings, it could also be the ideal time to start the pre-school experiences for toddlers.



Our school started enrolling children from June and also on this day. A good school will give the child a safe environment with loving and supportive teachers. Yes, our school provides a conducive environment for the children to take their own initative to learn, thereby building their self esteem and always encourage the children for formal schooling. Before the admission, children took part in the Vidyarambham ceremony, which is conducted in our school and they were initiated into the world of letters. Later, we admitted children to kindergarten classes, distributed books and educational materials. Parents were advised

to follow safety protocols like wearing mask, maintaining physical distancing norm and using hand sanitisers during the admission process.



KG CLASSROOM ACTIVITY

We are excited to announce that our Kindergarten is back!

We are going to have a great time together. We will sing songs and read stories to the children. We make some projects and learn many wonderful new things.

Nevertheless there will be lots of other new friends who will be waiting to play and learn with you too.

Be ready to get started.....





SHARING IS CARING:

Kindergarten kids were encouraged to paint the diyas and offer their things to poor which lay as a token of love for the poor on Diwali

THE COLOURS 'DAY CELEBRATION

They help to create the cognitive link between visual clues and words. Hence MVM aimed at bringing colours into their learning activities. The colours' day was celebrated by encouraging the children to dress up in red, blue, orange and green coloured clothes. They were encouraged to talk about their colourful toys. They also learnt to sort out colour cards and sang rhymes based on colours. They enjoyed printing their palm on charts in different colours.





THE CHILDREN'S DAY CELEBRATION

In order to inculcate the values of patriotism and value education MVM, TVR has adopted various strategies, one of which has been through "The Children's day". The programme began with an invocation prayer, followed by a welcome speech

The children dressed up like Pandit Nehru. The parents were invited to watch programme. As a tribute to Pandit Nehru, the tiny tots expressed losty thought through their speech. The children also participated singing rhymes about ChaCha Nehru.





ETIQUETTE

As Cleanliness is next Godliness The students were encouraged to choose one of the everyday utilities (toothbrush, wipes, soap, comb) and state their uses. They also sang action rhymes on cleanliness. There was a finger puppet show on cleanliness. They offered their prayers and flowers at the portrait of Pandit Nehru. To elate the children there were some fun activities like collection of toys through game. The students took some small gift and left the premises with happy memories.

THE PHONICS DAY

Phonics helps the young readers to decode the new words and develop reading skills.

The children learnt phonic sounds of few alphabets through various hands on activities. Kids really enjoyed tracing and coloring alphabets. They were engaged in singing phonic rhymes and sorting alphabets. Worksheets were given as fun activities at home.







THE CHEF DAY

Learning is an endless process which results in acquiring knowledge and Good values. Learning through our senses such as sight, smell, touch and taste lasts forever. To add value to creative learning experience MVM focuses on sensorial and Child centered activity based learning.

Kindergarten kids were encouraged to make healthy vegetable sandwich with the help of the teachers. They were provided with the chef cap and aprons to ensure cleanliness. Cleanliness and hands on learning are the primary tasks in these kinds of workshop for the kids .Then they were engaged in singing rhymes and talking about their favourite vegetables.

Kids not only enjoyed preparing the sandwiches but also enjoyed eating them.







PRIMARY CLASSROOM ACTIVITIES

The secret of success is nothing more than doing what you can do well and doing well, whatever you do, without the thought of fame.

With these aspects, our lads and lasses enhanced their knowledge and skill through various class room activities practically in all the subjects.

UPPER PRIMARY CLASSROOM ACTIVITIES





















Function and Celebration

JOY OF GIVING

The power of giving is greater than the joy of receiving. How can we expect our children to know and experience the joy of giving unless we teach, them that the greater pleasures in life lie in the act of giving rather than receiving. Yes, through a visit to an Orphanage is only way to teach the children this. It is a life-changing experience as it is filled with emotions and sentiments. Our school students were lucky to get an opportunity to visit an Orphanage named Auroran shelter home for students. There were about 20 children with 5 care-takers .Our school students provided them notebooks, pens and some snacks. Moreover our students gave food to the beggars on the road side.

Much like an attitude of gratitude, the joy of giving leads to a happier, healthier life. In fact, generosity sets off a series of reactions in your brain that improves mood, reduces stress, boosts overall physical health, builds self-esteem, and even helps you live longer!





Our school students gained all of these things through the visit positively influence their attitude filled with gratitude.

GANDHI JAYANTHI

Maharishi Vidya Mandir secondary School celebrated a cultural program on the occasion of Gandhi Jayanthi on 2nd of October.



Unlike other years, the school decided to celebrate the occasion of Gandhi Jayanthi with splendour. The cultural program was planned in front of Gandhi statue established in our premises. Our beloved Principal, the staff and few students attended this programme following the COVID-19 norms.





According to the principal, nowadays it is very important to instill values and ideas of Mahatma Gandhi among the students as well as teachers. Our Principal Madam was invited as the chief guest. The programme began with a 30 min speech highlighting Gandian principles.

In this world of greed and unhealthy competition Gandhian ideas of sustainable development is the only way out, quoted our Principal. After her mesmerizing speech, she inaugurated the cultural function.

Thereafter a beautiful short drama on Gandhi's Satyagraha was staged exclusively by the students. Thereafter the audience witnessed solo performances by the students such as a short speech explaining the moral values of Mohandas Karamchand Gandhi both in English and Tamil. Some students dressed up like Gandhiji and expressed his thoughts to the audience through flash cards. At last, Our principal appreciated the students' performances. The program concluded with the national anthem of India.

DR.A.P.J.ABDUL KALAM'S BIRTH ANNIVERSARY CELEBRATION

As a mark of respect to the former President and missile man of India APJ Abdul Kalam's birth anniversary



was celebrated with great enthusiasm at Maharishi Vidya Mandir Secondary School, Thiruvarur, in which a wide array of intellectual activities were held such as Essay Writing, Drawing and Speech. An Icon of Inspiring Visionary – a beautiful documentary was shown on the life, focusing on the achievements of the great scientist.

NAV UTSAV CELEBRATION:

To mark the auspicious ceremony of Navratri, Our school organized the nine day program of Nav utsav celebration.

Under the guidance of Our Secretary and the Principal, all the events and functions were celebrated with great pomp and Show.

The program began by offering prayers to Goddess Navadurga, followed by lighting lamps. Various rituals like Puspanjali, Nam Karan and Aarti were conducted with great devotion and fidelity. The main highlight of the event was the cultural programme during organised this event. Each day was assigned for a class during these cultural events.

Students dressed elegantly in lehengas and kurta-pyjamas. Ashta Lakshmi dance performed on the stage by the students. Dramas and bhakthi songs added flavor to this cultural event.

The event was well attended by parents and all students by following the covid 19 guidelines. Later we distributed prasad among the students. This festival spread happiness, faith, devotion and a sense of unity among all.

VIRTUAL DIWALI CELEBRATION

Maharishi Vidya Mandir TVR celebrated virtual Diwali celebration through Google meet.

V i r t u a l celebration began with a story to illustrate the significance of Diwali ". M.S .Srivasikaran of grade v gave speech on the topic "Safe Green Diwali"



This was followed by the "Diwali video "and Lakshmi of Grade 7 entertained the viewers with a devotional song. This was again followed with an excellent speech delivered by Ajitha of grade 8. Captivating posters and Slogans were displayed by Maharishiyans.

The Finale was marked by the Diwali awareness video. The programme concluded with the exchange of Happy Diwali wishes .

CHILDREN'S DAY CELEBRATION

PUPPET SHOW

On the eve of The Children's Day, the students of MVM were shown a puppet show by the primary teachers. The Kids Thoroughly

enjoyed the show and imbibed life lessons such as importance of their daily chores, duties and social etiquette.

BRICS MATHS online competition - 2021

BRICSMATH.COM is an international online maths competition which brings together children from various countries across the globe. The main aim of this competition is to develop logical thinking and lateral thinking through friendly game exercises. We the fraternity of MVM TVR are proud to inform that we sent about 34 students





to participate in this Global competition. It was a proud moment for us as Vishal of grade 7 from our institution added a feather to our cap by securing 80/80 in the finals. We heartily congratulate Vishal along with the primary and middle school math teachers to have enabled him to achieve this. The institution always aims to tap the complete potential of the students and bring out their talents by giving them such opportunities. We on behalf of the institution once again congratulate Vishal for this spectacular performance.

AZADI KA AMRIT MAHOTSAV

Karthigai Dheepam and National Integration Day

Maharishi Vidya Mandir, TVR Jointly Celebrate Karthigai Dheepam and National Integration Day as they coincided on 19th Nov, 2021. It was celebrated with great pomp and show.

The students enthusiastically created a colourful rangoli and lit candles to mark the Karthigai Deepam and Paid homage to our real heroes – The Indian army.

As civilians we celebrate all festivals with our family, however, Maharishians went that extra mle to salute our real heroes who dedicate their lives to safeguard our borders. Our Honourable Chairman witnessed the programme and gave an inspiring speech about our Indian soldiers. We salute our soldiers. Jai Hind!





VEER GATHA PROJECT

Veer Gatha is a project introduced to make students aware about he Gallantry award winners or armed force heroes. It was launched by Defence Ministry of India and they ordered students to do projects based on armed forces. This project was launched on the special day of Amrit Mahotsav. Veer Gatha is a memoir of war heroes, who will be remembered forever for their indomitable





courage, devotion to duty and undying love for the motherland. The award is the highest military decoration and is for supreme gallantry, supreme courage, leadership, exemplary devotion to during and self-sacrifice in wartime. MVM students executed this project successfully. Our school encouraged our students to do this project.

MY VISION OF INDIA @ 100 YEARS

As part of the celebration of Azadi Ka Amrit Mahotsav (AKAM), the Central Board of Secondary Education (CBSE) had announced the third Expression Series for the session 2021-22. The theme of the CBSE Expression Series is 'My Vision for India @100 Years'.

The Expression Series focused on the views of students about their vision for India in the year 2047, according to the CBSE. Our school students participated in essay writing, poem, and drawing competitions.







WORLD FOOD DAY

World Food day is celebrated all around the world on 16 October every year. The day promotes global awareness and action for those who suffer from hunger and for the need to ensure healthy diets for all. A general conversation was held to raise awareness on food security, sustainable agriculture and in order to achieve the goal of zero hunger in Our Country. World food day is

an action dedicated to tackling global hunger. Our students provided food to an orphanage (Aaruran maanavar illam).

The students ended the session with the saying "Respect for food is a respect for life, for who we are and what we do". The students were taught not to waste food and always respect the food which we get.



CONGRATULATIONS INDIA!

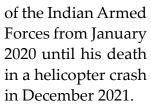
To Commemorate the Landmark achievement of our country to have crossed the 120 Crores Vaccination mark, the Children of MVM TVR made tri Color Indian Flag as craft work. They also saluted the doctors, nurses, farmers and NGO's whole heartedly for their untiring selfless contribution during the pandemic.





GENERAL BIPIN LAXMAN SINGH RAWAT

General Bipin Laxman Sing Rawat PVSM UYSM AVSM YSM SM VSM ADC was an Indian military officer who was a four-star general of the Indian Army. He served as the first Chief of Defence Staff





Bipin Rawat

Our students paid a silent tribute to the General

SIR C.V. RAMAN'S BIRTHDAY CELEBRATION

The Noble Laureate Late Sir CV Raman was honoured on his birthday by the students of MVM, TVR. They offered their tribute conducting physics by experiments kindle to scientific knowledge among the students. In order to bring to light the immense contribution made by the physicist, his life history was shown as a video. The students of grade 6,7, 8, and 9 actively participated by showcasing various





experiments in the field of physics. Our Chairman honoured us by making his presence to witness these experiments. He also shared his thoughts on how we use various electrical gadgets in our everyday life.

"POSTAL DAY"





With the view to celebrate "Postal Day" our students of 6 and 8 were taken on an Educational trip to the Head Post Office along with their teachers. World Post Day is celebrated every year to create awareness about the role plays in the everyday lives people and business houses the children learnt about contribution of the postal department to the social and economic development of nation. Thiruvarur Maharishi Vidya Mandir Secondary School Students learnt how the postal system works in the present day, they gained knowledge about different schemes offered by postal department to the young and old. It was very active session as Children were

given an opportunity to clarify their doubts with the officials of the postal department.

WORLD HERITAGE DAY

In order to commemorate the world heritage day. Students of Maharishi Vidya Mandir Secondary School, Thiruvarur visited the museum housed with in the Thiruvarur Thiyagaraja temple.

The students learnt that heritage refers to practices that are passed down over the years,

from one generation to the next which include culture, tradition, tools, clothing, flora, fauna also historical and monuments. This special day offered an opportunity to create awareness about the diversity of cultural heritage and the efforts that are required to protect and conserve it.





MATH EXPO

N a t i o n a l Mathematic day was Celebrated on 18/12/21 to Honour the great Indian mathematician Sri. Srinivasa Ramanujam. Mathematic Expo was conducted in Maharishi Vidya Mandir, Tiruvarur



as a tribute to Sri. Ramanujam.

Students from Grade 1 to 9 Participated enthusiastically in this Expo. They came forward to explain concepts and exhibit model made by them.

PONGAL CELEBRATION

தமிழா்களின் பாரம்பாிய தீருவிழாவான உழவா்த் தீருநாளை, தீருவாரூா் மகரஷி பள்ளியின் சாா்பாக இணையதளத்தில் வெகு சிறப்பாக கொண்டாடப்பட்டது.



எத்தனை **இ**டையூறுகள் **இருந்தாலும்**, எத்தனை கிருமிகள் எங்களை ஆட்கொள்ள நினைத்தாலும், காலம் எங்களை வீழ்த்தினாலும் வீழாதவன் தழிழனே என்பதை பறைசாற்றும் விதமாக தமிழரின் பாரம்பரிய விழாவான உழவர் திருநாளை மாணவர்களும், ஆசிரியர்களும் இணைந்து கொண்டாடினோம். இதற்கு கைகொடுத்தது தமிழரின் அறிவால் பெற்ற அறிவியல் சாதனமே எங்கள் தமிழரின் சாதனை! இவ்வாயிலாக மாணவா்கள் தமிழாின் திரு நாளை போற்றும் வகையில் வீடுகளை பள்ளிகளாக்கி, பெற்றோர்கள் ஒவ்வொருவரும் ஆசானாக உருவெடுத்து எங்கள் மாணவர்களை பங்கு

பெற வைத்தனர். ஆடல், பாடல், சிலப்பாட்டம், ஓவியம் தீட்டுதல் என பாரம்பரிய கலைகளை நினைவூட்டினர் என்பதை கூற எம்பள்ளி பெருமைய டைகிறது. தமிழரின் பாரம்பரியங்களை புதுப்பிக்கின்றனர் வருங்கால மகரிஷி தமிழர்கள்.





NATIONAL YOUTH DAY

Maharishi Vidya Mandir, TVR celebrated National youth day in honour of the birthday of Swami Vivekananda. Our school Children who are the future Youth of our country delivered motivational



speeches in Tamil and English, inspirational songs and slogans were also delivered

Our students pledged to liveup to Swami Vivekananda's words. "All power is within you; you can do anything and everything".

NATIONAL GIRL CHILD DAY 2022:

As 24th January is declared as National Girl Child Day in Order to Spread awareness about the



inequalities faced by girls in the Indian society, also to promote awareness about the right of the girl child and importance of female education, health and nutrition. National Girl Child Day 2022 was celebrated by POCSO committee in our school virtually.

REPUBLIC DAY

Republic day is celebrated as a national festival with great vigour as a tribute to the national heroes, who have sacrificed their lives for the freedom and honour of Mother India. We celebrated republic day virtually. Our principal heartily congratulated our



students who presented their Veergatha project. This has also been uploaded in the CBSE portal.

Freedom in the mind, strength in the words, pureness in our blood, pride in our souls, zeal in our hearts, Let's salute our India on the Republic Day. Happy Republic Day 2022.

14th Memorable Anniversary of "His Holiness Maharishi Mahesh Yogi"

His Holiness Maharishi Mahesh Yogi Ji, the 'Father of the Transcendental Meditation', died on February 5th, 2008 at the age of 91. We



remembered this great Indian Guru, the foremost scientist in the field of consciousness on his 14th death anniversary.

ARE WE FULLFILLING YOUR DREAMS? PARENT ORIENTATION PROGRAM:

A student's academic and allround development takes place both at home and school. The parents need to be



involved at every step so as to keep track of the progress of their ward throughout the academic

year. Regarding this, our school offers parent orientation program to discuss various aspects of the students.



This parent orientation program is held at the school premises. By doing so, the parents would be able to implement the learning process at home as well, ensuring the student doesn't lose continuity in learning. They can also suggest other, more creative ways to teach, which could aid in the better learning of the students.

Many issues were discussed in the parent orientation program, including the school curriculum, assessment methodology, happy parenting and the subjects being taught. This provides the parents a clear idea of what the students are learning currently, how the parents give the moral support to their ward and how it will aid them in their life ahead.

The program is also open for participation by the parents to bring up any other problems or topics for discussion in the forum. This way, all the parents of the respective class can be involved and a mutually acceptable solution could be reached by consensus.

While every child has their own strengths and weaknesses, these parent orientation programmes help in telling the parents what they can do at home to address those weaknesses and how they can complement them by offering moral support. It also ensures improvement of their language skills an communication skills, which play a vital role in today's world.

PARENT GALLERY

We are proud to say our school has a parent's gallery. It is like open school, parents can observe the class at any time. They get to know the

quality of our school teaching. It is a chance given to the parent to observe the teaching methodolagy and activity based learning of the concepts.



POCSO ACT

An eye opening lecture was given by Lawyer Mrs. Sasikala M.A., B.Ed., LLB.

Students were allowed to interact and discuss about the laws regarding child abuse. The interaction session was fruitful. A Zoom Meeting was arranged with (ICTRC) Institute of Counsellor Training Research and Consultancy

Dr. V S Ravindran Spoke on the topic "Mental Health Problems in School Children". This was hosted by Udgam School for Children, Ahmedabad.

SPOKEN SANSKRIT

New Delhi: In line with the new National Education Policy (NEP) 2020, the Central Board of Secondary Education (CBSE) has decided to reintroduce communicative English and Sanskrit "from the academic year 2022-23 in class 9 and subsequently in class 10 in the year 2023-24"

In our school, students of grade 3 to grade 9 participated in Sanskrit spoken class which was arranged by MVM Chennai.

SATURDAY WORKSHOP

To enrich the students quality every Saturday we are providing many activities like handwriting classes, remedial classes, public speaking, indoor games, creative writing and spoken English with their whole hearted involvement.

ART INTEGRATION

Art Integrated Learning (AIL) is a teaching-learning model which is based on learning 'through the arts' and 'with the arts': It is a process where art becomes the medium of teaching-learning, a key to understanding concepts on any subject of the curriculum. This resonates with the experimental learning approach. We also introduce art integrated projects in our school.

YOGA AND SPORTS

Yoga is the word that became popular across the world in the last few years. Since healthy mind in a healthy body, the school has started yoga & sports activities. We intend to continue the program in the post pandemic era too.